

# BUDOKAN JUDO CLUB



## DINO KIDS

# PRE-SCHOOL JUDO

THESE FUN INTERACTIVE CLASSES BUILD THE FOUNDATIONS OF JUDO, INVOLVING: SAFE FALLING, JUMPING, BALANCE, CONTACT AWARENESS, AND AGILITY WHILST DEVELOPING CONCENTRATION AND SELF-CONFIDENCE



### DINO KIT INCLUDES:

- \* T-SHIRT
- \* PENCIL CASE WITH DINO STICKER
- \* PENCILS
- \* TATOOS

**Budokan Judo Club  
Horticulture Pavilion  
Doran Drive  
Castle Hill Showground**

**EVERY WEDNESDAY  
& FRIDAY!**

**WEDNESDAY 5.15 - 6.00PM  
FOR 3 & 4 YEAR OLDS**

**FRIDAY  
9.30-10.10AM FOR 3 YEAR OLDS  
10.15-11.00AM FOR 4 YEAR OLDS**

**STARTS 11<sup>th</sup> and 13<sup>th</sup> October  
DO EITHER ONE OR BOTH SESSIONS**

**Cost (10 weeks) - For either 1 or 2  
sessions / week - \$140**

For more information, please contact Kerrye Katz 0416235816 or Amber McIndoe 0434038340