

Coach Profile

Rob Katz

About Myself

Date of Birth: 17th March 1957
Place of Birth: Sydney
Current Place of Residence: Northmead, NSW
Nick Name: Katzy, Katzo, Katzimoto but never Bob

My Sport:

Age Category: Masters / Veterans
Weight Division: 60kgs
Height: 156cm
First Club Membership: 1970 Willoughby Judo Club
Other Former Clubs: Uni of NSW, Sydney; Bushido, Sydney; Preston, Melbourne
Teams for which Selected: NSW State Teams 1982-1992; National Team 1983, 1985, 1986
Career Highlights: 1982 training & competing in Europe & Japan (Kokushikan Uni); Medals at OJU and World Masters Games; Coaching at National Training Camps, Olympics & Worlds; Sydney 2000 Olympics competition management; Development of Budokan Judo club
Greatest Disappointment: Not joining the JFA until 1981; too many 2nds and 3rds at Nationals; ruined knees; missing 1983 Worlds selection; 2nd 1984 Olympic Selections;
Toughest Opponent: Australia – Giampa; Overseas - Asano USA ('86 World Cup); Roh - KOR ('92 World Military Games); vanDer Merwe - RSA ('94 Masters)
Favourite Judoka: Hosokawa JPN "Pocket Dynamo", Yamashita "Mr Judo - big & graceful" JPN; Adams GBR & Quellmalz GER ("all round class"). Also Koga and Inoue
Favourite Techniques – Tachi-Waza: Ippon Seoi Nage; Kouchi Gari/Makikomi; Tai Otoshi, Osoto, Ouchi
Favourite Techniques – Ne-Waza: Yoko Shiho Gatami, Juji Gatame, Sankaku Jime

My Leisure:

Hobbies: All family activities, house & garden improvements, my gym, reading, music
Favourite Actor: Sir Anthony Hopkins, Robin Williams
Favourite Actress: Julia Roberts, Sandra Bullock, Jodie Foster
Favourite Movie: Star Wars, Chariots of Fire, Top Gun & anything with Anthony Hopkins
Favourite Male Singer: Joshua Kadison, Cat Stevens, Elton John
Favourite Female Singer: Pink, Madonna, Adele
Favourite Group: Queen, ACDC, Midnight Oil, Led Zeppelin
Favourite Book or Author: Wilbur Smith (everything), Pyjama Game (Mark Law) Archer, Ludlum, Grisham, Dan Brown, Coyle
Favourite Magazine: Any sport/fitness, property, home styles & maintenance, or motor vehicle magazine
Favourite TV Program: Two & a Half Men; Big Bang Theory; Law & Order Criminal Intent; NCIS; Star Trek; Sport Specials
Favourite Food: Veal Schnitzel, most pasta, grilled fish, roast chicken, any Japanese, chocolate mud cake, (only) dark chocolate
Favourite Drink: Old (dark) beer, Benedictine (made by monks, so must be good for you)
Ideal Holiday: Tropical beach resort with family, pool/spa, no phone, no traffic
Person You Would Like To Meet: Cindy Crawford on acting and leg extensions; Arnold Schwarzenegger also on acting; Moshe Dayan who said "whenever you accept our views, we shall be in perfect agreement with you";
Which Car Do You drive: Alfa Romeo GTV V6, Honda Accord 3.0 V6
Which car would you like to drive? BMW 7 series but I'll settle for a 5, Porsche 928S, Lamborghini Murcielago
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Any other comments?

The development of Budokan Judo Club is probably my most ambitious sporting goal, in that whilst promoting the active participation by recreational athletes (from Under 10s to Veterans) to enhance the 'family' involvement and spirit in the club, Kerrye and I also aim to develop elite athletes to achieve World Championship medals. The club has had two Olympic representatives, and numerous representatives to Junior and Senior World Championships. A medal at this level is still the ultimate goal, but we will always give our "all" to every club member, no matter what their individual goal.