



**Sunday 7<sup>th</sup> May 2023**

# **CENTRAL COAST OPEN**

Pre-entry Only via "smoothcomp" - closes Midnight Thur 4<sup>th</sup> May

**SATELLITE WEIGH-IN PROCESS BACK AT YOUR CLUB: NO WEIGH-IN AT THE TOURNAMENT**

**Central Coast Adventist School – Sports Stadium**

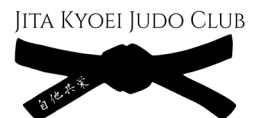
**(rear entry, Karalta Lane, ERINA)**

**3 COMPETITION MAT AREAS WILL BE USED. PLUS EXTRA WARM-UP MAT**

**Oversized Medals for "A-Divisions"**

**FREE for Spectators @ Pre-Entry Competitors: \$40.00**

**Judo Central Coast Championships Host Clubs:**



**Judo Central Coast Championships Sponsor:**

# **essimo**

All competitors must be current financial members of the JFA (NSW) Inc. or any JFA Inc. member state.

**\$40.00 COMPETITORS & \$30.00 extra age division**

NB: Only one extra division permitted Eg: Cadet Men to Junior Men (not Senior Men also)

**WEIGH-IN's TO BE COMPLETED BACK AT THE CLUB and be part of the Smoothcomp Entry**

**ALL JUDOKA WILL BE WEIGHED PRIOR TO THEIR FIRST MATCH – in their judo trousers or suit.**

**500gram tolerance for Juniors & 1kg tolerance for Seniors**

**If a junior or senior Judoka weighs over their weight category – they will be withdrawn from their weight category and not be able to enter a higher category. All their opponents will receive a win by forfeit. This new trial system is to ensure the tournaments draws are conducted efficiently and ensure all judoka are certain about their Weight Entry.**

School canteen (with proper coffee) will be operating all day.

An Essimo Trade Stall will be selling Judo Suits, T-Shirts and other Judo Merchandise.

**TOURNAMENT Enquiries: [shane.alvisio@gmail.com](mailto:shane.alvisio@gmail.com)**

**If amalgamations are required – Tournament organisers will automatically amalgamate one weight category up. Further than that the Club coach or entrants will be notified.**

## **SESSION ONE commences at 8.30am**

### **MONS BOYS & GIRLS (U9s): (Ready for weight check, prior to first match)**

**Eligibility:** Must turn 6, 7, or 8 in 2023 (i.e. born in 2015, 2016, or 2017)

**Novice:** White/Yellow, White/Yellow/Black Tip

**Graded:** Yellow belt or higher

**Weight Category – Girls/Boys: (or mixed)** u21, u24, u27, u31, u35, u40, o40kg.

### **CADET MEN & CADET WOMEN (U18s) (Ready for weight check, prior to first match)**

**Eligibility:** Must turn 15, 16, 17 in 2022

**Novice:** Yellow Belts

**B Division:** Orange & Green Belts

**A Division:** Blue & Brown Belts (Green can play up but not both)

**Weight Category Cadet/Junior Women:** u40, u44, u48, u52, u57, u63, u70, u78, o78kg

**Weight Category Cadet/Junior Men:** u50, u55, u60, u66, u73, u81, u90, u100, o100kg

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## **SESSION TWO commences not before 10.00am**

### **JUNIOR BOYS & JUNIOR GIRLS (U12s): (Ready for weight check, prior to first match)**

**Eligibility:** Must turn 9, 10, or 11 in 2022 (i.e. born in 2012, 2013, or 2014)

**C-Div: Novice:** White/Yellow up to Yellow Orange Black Tip

**B Div: Limited Tournament Experience:** Orange Belt or Higher

**A-Div: Regular Tournament Experience OR State Team:** Green Belt or Higher

**Weight Category Girls:** u25, u29, u32, u36, u40, u44, u48, u52, o52kg

**Weight Category Boys:** u24, u27, u30, u34, u38, u42, u46, u50, o50kg

### **SENIOR BOYS & SENIOR GIRLS (U15s): (Ready for weight check, prior to first match)**

**Eligibility:** Must turn 12, 13, or 14 in 2023 (ie born in 2009, 2010, 2011)

**C-Div: Novice:** White/Yellow up to Yellow Orange Black Tip

**B-Div: Limited Tournament Experience:** Orange Belt or Higher

**A-Div: Regular Tournament Experience OR State Team:** Green Belt or Higher

**Weight Category Girls:** u36, u40, u44, u48, u52, u57, u63, o63kg

**Weight Category Boys:** u36, u40, u45, u50, u55, u60, u66kg, o66kg

### **JUNIOR MEN & JUNIOR WOMEN (U21s): (Ready for weight check, prior to first match)**

**Eligibility:** Must turn 18, 19, or 20 in 2023 (Cadet Men/Women can play up)

**C-Div: Novice:** Yellow & Orange Belts

**B-Div:** Green & Blue Belts (Orange can play up but not both)

**A-Div:** Brown & Black Belts (Blue can play up but not both)

**Weight Category Cadet/Junior Women:** u40, u44, u48, u52, u57, u63, u70, u78, o78kg

**Weight Category Cadet/Junior Men:** u50, u55, u60, u66, u73, u81, u90, u100, o100kg

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## **SESSION THREE commences not before 1.30pm**

### **SENIOR MEN & WOMEN: (Ready for weight check, prior to first match)**

**Eligibility:** Must turn 18yrs or over in 2023 (Junior Men/Women can play up)

**C-Div Novice:** Yellow & Orange Belts

**B-Div:** Green & Blue Belts (Orange can play up but not both)

**A-Div:** Brown & Black Belts (Blue can play up but not both)

**Weight Category Women:** u48, u52, u57, u63, u70, u78, o78kg

**Weight Category Men:** u60, u66, u73, u81, u90, u100, o100kg

### **VETERANS MEN & WOMEN: (Ready for weight check, prior to first match)**

**Eligibility:** Must turn 35yrs or over in 2022

**C-Div Novice:** Yellow & Orange Belts

**B-Div:** Green & Blue Belts (Orange can play up but not both)

**A-Div:** Brown & Black Belts (Blue can play up but not both)

**Weight Category Women:** u48, u52, u57, u63, u70, u78, o78kg

**Weight Category Men:** u60, u66, u73, u81, u90, u100, o100kg

### **NO LIMITS: (will be played in their corresponding session)**

**Age Categories:** Includes All Age Categories

**Novice & Graded:** Divisions to be established via entries.

**Weight Categories:** Includes All Weight Categories as per above Age Categories.

# Sunday 7<sup>th</sup> May 2023

## CENTRAL COAST OPEN

### Q&A PAGE FOR COACHES & ATHLETES & PARENTS

The Central Coast Open has been successfully hosted for 10 years by all the 5 Judo Clubs located on the Central Coast of NSW. The Central Coast Open has become the largest regional Judo tournament in Australia, with 325 entries in 2022.

To again increase participation in 2023, the Central Coast Open is trialing further initiatives to further increase participation numbers and ensure the event is efficiently conducted to allow participants and parents to have limited time at the event.

1. ENTRIES will be done via Smooth comp. Entries will close midnight on Thursday 4<sup>th</sup> May. Smoothcomp allows participants to check who will be within their particular draws.
2. The draws will be published on Smooth comp throughout Friday. The draws will not be seeded as this is only a regional competition. There will be no changes to these draws caused by athlete weight changes, as this will not be permitted. (there may be draw changes due to amalgamation of categories)
3. SATELLITE WEIGH-INS. We request that all Judo Clubs that have athletes participating will host weigh-ins. There will be no general weigh-in at the Central Coast Open on the morning of the tournament.

The weigh-in process delays the commencement of the tournament and our event is trialing for all weigh-ins to be completed back at your local Judo Club (or home).

When entering via smoothcomp, participants will be required to enter their weight category. This needs to be accurate, as all judoka will have their weight checked just before stepping onto the mat for their first match. The scales will be literally sitting beside the contest area.

**The judoka can be weighed in their judo trousers and a tolerance will be permitted for their judogi or just wearing judo trousers. (Juniors 500gram & Seniors 1kg)**

**There is a history of some parents who do not appreciate the importance of entering their children with the correct weight as part of the Smoothcomp entry process. We request that parents are in doubt, they check with their Club Coach to ensure participants are entering their correct weight as part of the entry process for the tournament.**

**If a judoka's weight is above the tolerance then the judoka will be withdrawn from the division (no-refund will apply) and all opponents they would have played will win by forfeit. These judoka will not be permitted to play up the next weight category - so parents & coaches please ensure junior judoka weight entry is accurate.**

4. The Central Coast tournament will host division for: Novice, Mid-Level & Experienced competitors.

#### Adult Judoka:

C-Division (Yellow & Orange Belts),  
B-Division (Green & Blue Belts),  
A-Division (Brown & Black Belts).

#### Junior Judoka:

C-Division (Novice),  
B-Division (Limited Tournament Experience),  
A-Division (Regular Tournament Experience OR State Team Members)

5. Tournament organisers may need to amalgamate weight categories (usually this occurs with the lightest & heaviest weight categories) Amalgamation will automatically occur if there is only one weight category difference.  
Eg: Under 36kg Novice Girls (if required) will be amalgamated with under 40kg Novice Girls without notice. Any further amalgamation will require permission from coaches (1<sup>st</sup>) OR parents (2<sup>nd</sup>).  
Amalgamations will occur within the Divisions: Novice with Novice, A-Division with A-Division for example.
6. To help attract newer entries, Adult C-Division competitors will not be permitted to perform Arm-Locks or Chokes. Throws & Holds only. Any competitors with previous martial arts experience who may prefer to perform Arm-Locks or Chokes should consider playing up with the B-Division.
7. Participants may choose via their smoothcomp entry to compete up a division.  
EG1: A Green or Blue Belt (B-Division) may choose to compete with the Brown & Black Belts (A-Division) – But cannot compete in both divisions.  
EG2: Junior participants in B-Division may choose to compete in A-Division but cannot compete in both B&A divisions.
8. The tournament will be conducted in three separate sessions to ensure participants can arrive later with confidence that they know the earliest commencement time.  
Session ONE: to commence at 8.30am (Mons & Cadets)  
Session TWO: will not commence before 10.00am (Jun Boys/Girls, Sen Boys/Girls, Jun Men/Women)  
Session THREE: will not commence before 1.30pm (Men/Women & Veterans)
9. Regular size Medals will be presented for the C & B Divisions placegetters.  
Oversized Medals will be presented to the A Division placegetters.  
The medal presentations will be awarded immediately following each weight category at the Medal Presentation Area, while the tournament bouts continue.
10. When the Draws are released on the Friday – we request that Club Coaches to contact the organisers if they notice a discrepancy in the draw with matchups. Eg: We want to avoid any Junior or Adult Experienced competitors from competing in the lower Divisions just to get themselves some “easy wins”.
11. If Club coaches notice their athlete has not been matched with an opponent, please contact the organisers on Friday and suggest a change. NOTE: Requesting your athlete join a lighter-weight or younger-age division will not be accepted. These athletes will need to move up.
12. If we still cannot organize an appropriate match-up, the organisers will refund the entry fee.

[Shane.Alvisio@gmail.com](mailto:Shane.Alvisio@gmail.com)

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